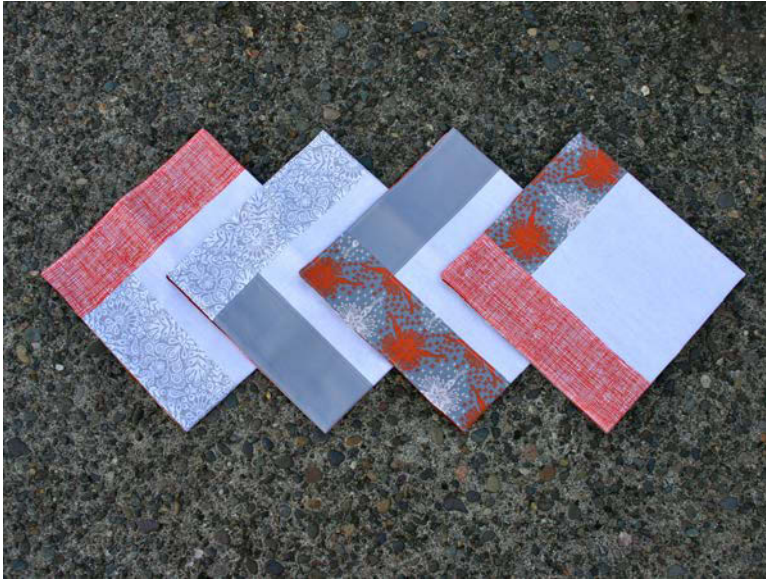


Color Blocks Placemats and Napkins by Elizabeth Hartman



Week Two: Making Napkins

Start by dividing your cut pieces into sets – one for each napkin. Each set should include the following pieces:

- 1 patchwork fabric piece 3.5" x 14.5"
- 2 patchwork fabric pieces 3.5" x 17.5"
- 1 patchwork fabric piece 3.5" x 20.5"
- 1 neutral solid fabric square 14.5" x 14.5"
- 1 bold solid fabric square 20.5" x 20.5"

Note: Ideally, each napkin will include 1 piece each of all 4 different patchwork fabrics.

Repeat the following directions for each napkin, using a 1/4" seam allowance and pressing seams open.

Step One: Make the Napkin Tops

Sew the patchwork pieces around the 14.5" x 14.5" neutral solid fabric square in the manner of a scrappy log cabin quilt block, as follows:

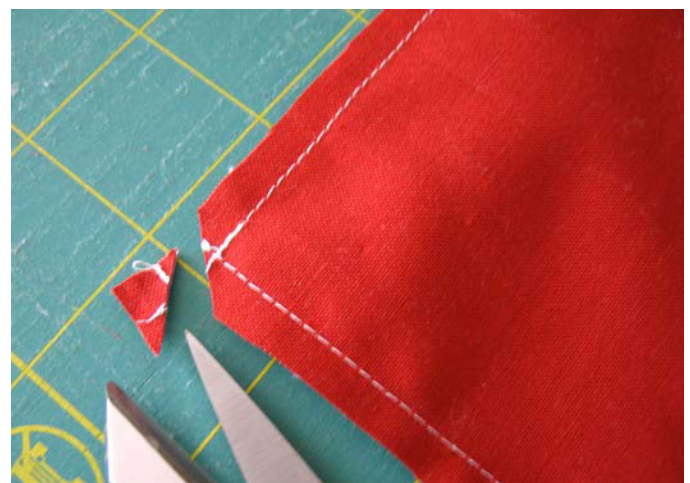
1. Sew the 3.5" x 14.5" piece to the top.
2. Sew one of the 3.5" x 17.5" pieces to the right side.
3. Sew the other 3.5" x 17.5" piece to the bottom.
4. Sew the 3.5" x 20.5" piece to the left side.

Square up the napkin top to 20.5" x 20.5".

Step Two: Join the Tops and Backs

Place a 20.5" x 20.5" bold solid fabric square on your work surface, right side up, and place your finished napkin top right side down on top of it. Pin in place and sew the two pieces together, using a 1/4" seam allowance and leaving a 3" opening for turning.

Note: It's nearly impossible to tell the difference between the two sides of quilting solids like Kona. If there isn't a visible difference, don't worry which is the "right" side.



Step Three: Finish the Napkins

Clip the corners (being careful not to cut the seams) and turn the napkin right-side out. Use a chopstick or other blunt tool to push out the corners and press.

Topstitch (sew about 1/8" from the edge) around both the inside and outside edge of the patchwork border. Ensure that your finished napkin lays flat by starting with the inside border and sewing around the outside edges of the napkin last.

