



Blush and Bloom Plus Runner

Created by Brooke Sellmann for Sew Mana Sew

Blush and Bloom Plus Runner uses either fat quarters or yardage for the plus design, but yardage is recommended for the rest of the runner project. For this plus runner I reduced the size of the plus blocks and added borders using one of the larger floral prints in this line.

Let's get started!

Supplies:

Three assorted solids for the plus blocks – can be either yardage (1/8 yard for each color) or three fat quarter size pieces

¼ yard for binding – you will need three 2.5 inch strips

½ yard of large print for background and border

½ yard for back

Batting piece 14 x 32

Finished size 12 x 30

Block size 7.5 inches finished

Notes

Read all directions before beginning

All fabric is estimated at 42" wide (WOF = Width of Fabric)

Seam allowance $\frac{1}{4}$ inch

This pattern is for the Confident Beginner

Sew with right sides together unless otherwise stated.

Please email questions to brooke@sillymamaquilts.com



Cutting Instructions

Cut a 3 inch strip WOF from each of the three solids and sub-cut into one 3 inch square and four 2 x 3 inch rectangles for each plus block.

Cut two 3 inch strips WOF from background fabric (I used the floral print). These strips are for the background of the plus blocks. Each block will need four 3 inch squares and four 1.5 x 3 inch rectangles. Cut a total of 12 squares and 12 rectangles.

Cut one 2 inch strip WOF from background fabric. Sub-cut two pieces 2 x 9 inches for border that will be placed in between the blocks.

Cut two 2.5 inch WOF strips from background for the borders along the outside edge of the runner.

Piecing the runner



Each block consists of a 3 inch square for the center and four 2 x 3 inch rectangles of solid fabric and four 3 inch squares and four 1.5 x 3 inch rectangles of background fabric.

Sew a solid rectangle to a background rectangle to make a square. Repeat with remaining rectangles and then sew the squares into rows as pictured above.

Next sew the rows together to make the block



Press as desired.

Here is how I selected to press this block. I pressed the background rectangles toward the plus design. I then pressed toward the squares when sewing the row together. When sewing the rows into blocks, I pressed the seams open.

Repeat the above steps for each plus block



Each block measures 8 inches square.



Here are each of the blocks



Sew the 2 x 9 inch background to inside edge of a plus block. If using the arrangement below, a 2 x 9 inch rectangle is sewn to one side of the aqua block and the green block. Another 2 x 9 inch rectangle is sewn to the other side of the green block and then to one side of the pink block.



Sew 2.5 inch border strips around the outside edge of the runner.

The next step, layer runner top, batting and backing together to begin quilting.

Quilt as desired and trim. I did narrow curvy lines using my walking foot.

Sew three 2.5 inch binding strips into one long piece to bind the runner. Press in half, wrong sides together and sew binding onto the runner. You can either machine or hand-sew the binding to the back.



Your finished project ready to enjoy!

For more information, please visit www.silymamaquilts.com and www.sewmamasew.com