



# Flip Side Pillow

Grommets and ties allow you to play a few bold prints off one another in this clever pillowcase project. Simple enough for a beginner and easily adaptable to include patchwork, embroidery or appliqué. In about an hour you can whip one up in a fabric combination that complements your décor. Happy making!

**Time needed:** 1 hour

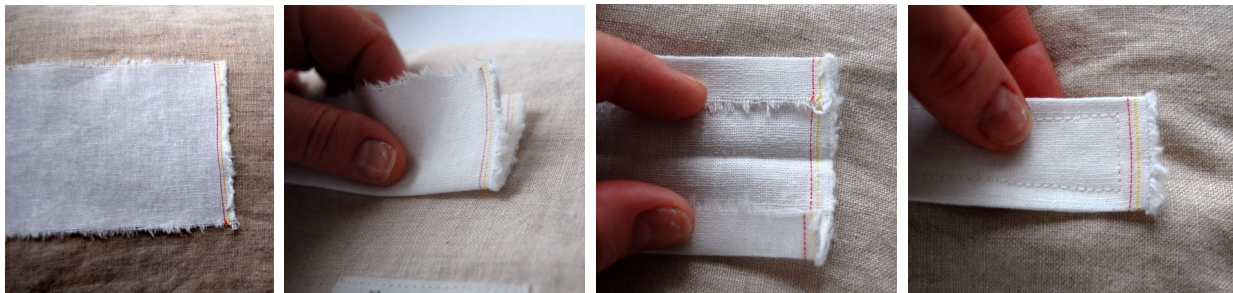
**Measurement:** 20" square (measurements are easily adaptable to fit any size pillow form)

## Here's what you need:

- 20" square pillow form
- 20" x 30" piece of main fabric A
- 20" x 30" piece of main fabric B
- 2 – 20" x 30" pieces of lining fabric
- 2 – 3" x 25" pieces of fabric (for the ties)
- Grommet pliers and two 3/8" grommets
- Iron, Pins, etc.



## Step 1: Make the Ties



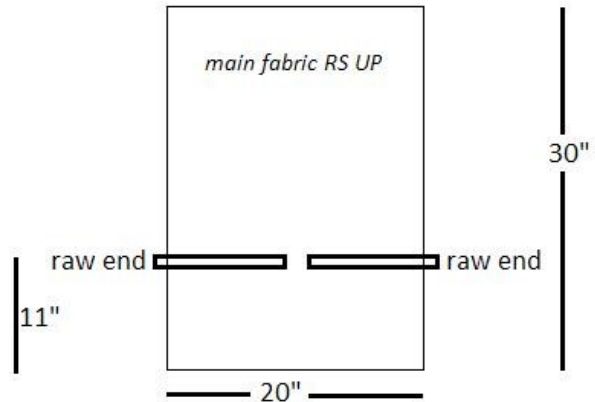
Use the two 3" x 25" pieces of fabric to create two 1" x 25" ties.

- Fold one tie in half the length of the tie. Press on the fold.
- Open the tie up and fold under each of the raw edges 1/4" toward the inside. Press on the folds.
- Fold the tie in half lengthwise again, this time with the raw edges inside. Press on the fold.
- Edge stitch all four edges of the tie using a 1/8" seam allowance.
- Repeat with the other tie.

*(I like the selvedge edge at the end of my ties, but if you prefer a cleaner look, fold the short ends inside as well before you do the edge stitching.)*

### Step 2: Make the Pillowcase

- Place the 20" x 30" piece of main fabric A right side (RS) up in portrait position.
- Position the two ties onto the fabric 11" up from the bottom edge on either side.
- Be sure that the raw end of each tie is to the outside of the fabric. (see image)
- Now place the 20" x 30" piece of main fabric B RS down on top of fabric A. (RS together)
- Pin the sides and bottom.
- Use a 1/4" seam allowance to stitch the sides and bottom of the pillowcase. As you do this, you will "lock in" the ties at the sides.
- Be sure to backstitch at the beginning and end of the stitching.



### Step 3: Make the Pillowcase Lining

- Place the two 20" x 30" pieces of lining fabric RS together just as you did the main pillowcase.
- Pin the sides and bottom.
- Use a 1/4" seam allowance to stitch the sides and bottom of the pillowcase, **BUT** leave a 6" opening (for turning) centered along the bottom of the pillowcase lining.
- Be sure to backstitch at the beginning and end of all lines of stitching.

### Step 4: Finish the Pillowcase

- Have the pillowcase Wrong Side (WS) out.
- Have the pillowcase lining RS out.
- Place the pillowcase lining INSIDE of the pillowcase so that their RS are facing.
- Pin the pillowcase and lining together around the entire top edge.
- Use a 1/4" seam allowance to stitch the top edge of the pillowcase and lining together.
- Backstitch at beginning and end.
- Reach down inside the pillowcase lining through the hole in the middle of the lining's bottom edge.
- Grab the bottom edge of the main fabric pillowcase and pull it through the lining until both the pillowcase main fabrics and the lining are RS out, including the ties.
- Stitch the hole in the bottom of the lining closed, either by using your machine or hand-sewing with a blind stitch. (I used my machine—no one will ever see it.)
- Now insert the lining into the pillowcase and press along the top seam edge.
- Top stitch around the entire top edge using a 1/8" seam allowance.



### Step 5: Assembly Required

- Insert the pillow form into the pillowcase, placing it all the way down at the bottom.
- Fold over the top edge of the pillowcase to see where the edge lines up with respect to your side ties.
- Make a small mark on the pillowcase for placement of two grommets. Placement should be approximately 1" up from the bottom edge and about 4" in from either side. This will still allow you room to remove the pillow form for cleaning.



- Follow the manufacturer's instructions to insert two grommets through the pillowcase.
- You will go from one main fabric side all the way through to the other main fabric side and lock it all in with the grommet.



Set the pillow on a flat surface with ties at the sides.  
Fold down the top edge over the pillow.  
Insert the ties on each side through the grommets with the tie coming out on top.  
Tie as you wish.

And when you tire of that combination...

Undo the ties.  
Flip the top edge over the other side.  
Refasten the ties through the grommets.

Voila!



Enjoy + happy making!

*Jennifer*